

September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
					1 	2
3 Macaroni & Cheese French Fries Fruit cup Milk	4 Pizza Broccoli Baby corn Pineapple Milk	5 Hot Dog Bun Baked Beans Celery Mandarins	6 Nuggets Bun or Rice Baby Carrots Chickpeas Watermelon	7 Potato Knish or Bagel Fish Sticks or Cheese Cuke & Tomatoes Orange or Apple Milk	8 	9
10 Baked Ziti w/ cheese French Fries Fruit cup Milk	11 Pizza Broccoli Baby corn Pineapple Milk	12 Turkey Salad Crackers Baby Carrots Strawberry Applesauce	13 Nuggets Bun or Rice Baby Carrots Baked Beans Mandarins	14 Potato Knish or Bagel Fish Sticks or Cheese Cuke & Tomatoes Orange or Apple Milk	15 EREV ROSH HASHANA 	16
17 ROSH HASHANA No Lunch	18 TZOM GEDALIA No Lunch	19 Sesame Chicken Bun or Rice Broccoli Grapes	20 Hot Dog Bun Baked Beans Baby Carrots Mandarins	21 Potato Knish or Bagel Fish Sticks or Cheese Cuke & Tomatoes Orange or Apple Milk	22 	23
24 EREV YOM KIPPUR No Lunch	25 YOM KIPPUR No Lunch	26 Poppers Roll or Rice Baby Carrots Pineapple slices	27 Burger Bun Baked Beans Tomatoes Watermelon	28 Potato Knish or Bagel Fish Sticks or Cheese Cuke & Tomatoes Orange or Apple Milk	30 	

*Milk will be available before lunch when meat is served at lunch. *Substitutions may be made as necessary

This institution is an equal opportunity provider